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Testimonials for Boswellia sacra Boswellia Acid Extract Powder (was made in a white uncented lotion and sent to a few people to try it out.

Last names have been left out do to privacy but the people are real.

I have more people still testing it and results will be added to this document when they come in.

Frankincense lotion-sample

Myself-used daily for arthritis pain.

Every morning I apply to my hands and wrists. Right away seemed to help with severity of pain. After week of use lotion was more effective. Would definitely need to continue use. And definitely be beneficial using for pain.

Scent is nice and not overwhelming. And lasted a while. I do like the graininess of this lotion. It felt like I was getting more of the frankincense on me.

Husband- used at first infrequently for healing 3 month old broken wrist pain.

Felt he didn't use it enough to notice a difference. After a week of use he felt the lotion did help somewhat. And preferred using the lotion to taking any pain medication.

He liked the scent too.

Peggy S.

Pain cream.

3/11, 1:07 pain was a 5. Immediate relief. 4:00. Reapply worked immediately
Did 20 min PT. Applied at 7:00 pm.

3/13 1:07

No therapy. Reapply 6:00.

Mild pain

3/14, no PT. Minor pain

10:30 5:30 and 11:00 at bed. Slept all night.

3/15 had PT in am. 6 on pain application at 9:00 am.

2:30 at lunch.

9:00. At bedtime. Slept all night.

3/15. Physical Therapy. Lots of pain

9:00 am application

2:15 at lunch

Bedtime 10:00.

Slept all night.

3/16. No physical therapy

Mild pain. Should numb. Apply at shoulder and down arm.

9:30. Lunch at 2:30. Off work at 7:00.

Apply at bedtime. 11:00

Sat and Sunday. Drove about 200 plus miles. No cream. Very painful day

Sunday night 11:00 pm. Cream applied before bed. Instant results. Slept all night

3/20. Pain. 9:00 am. Instant relief

2:15 lunch. Instant relief.

7:00 after work. Shoulder numb and down arm. Relief.

2/21 used 9:00 2:30 and 5. Then at bedtime. 11:00. Relief.

2/22 used 9:00 2:15 and 5:00. Again at bedtime. 10:30.

Numb on shoulders and arm.

2/23. Used before pt at 12:00.

Used directly after at 12:30.

Relieved pain to a 2.

Used at 5 on break.

Haven't got to bed yet.

Mary S.

On the first two days of using the cream I applied every 4-6 hours as an anti inflammatory and did not take any pain medication. As I was attempting to build up the anti inflammatory properties. I continue taking more time in between applications until I was 3 times a day. About 8 hours.

The weekend I forgot to pack it and I did not use it for two days. When I got home and began applying again it relieved the pain within minutes. (it was a very painful weekend as I was driving a lot and didn't stay in my own bed).

I have three ruptured disc's in my neck with arthritis and am currently using physical therapy for loss of motion. As well as having degenerative disc disease I also have nerve pain in both arms.

I really liked the cream. I am still using it. It takes the pain away as well as the numbness down my shoulder and arm.

I was very surprised it took away the pins and needles feeling. Nerve pain is pretty intense and it always feels like there's hot water pouring down my shoulder and blade and back. This cream relieved that.

Thank you for letting me test this for you. It is quite amazing. I also told a friend of mine who has bursitis in her hip and she noticed relief minutes after application. And she keeps pain in that hip from years of standing.

Peggy D

Here is my feedback on the Boswellic acid lotion and the black and brown Sacra oil (B).

The lotion is a bit gritty in texture of course, but I applied it for a week on my sore shoulder and definitely experienced some mild relief to the pain, as well as reduced inflammation. I have a strained right shoulder and I honestly believe it is healing as a result of applying the lotion. This shoulder has been problematic for MONTHS. So I am very grateful!

The essential oil smells very strong, but has a lovely complexity and freshness to it. I'm actually going to add it to a massage oil. It's much nicer than anything I have purchased through my usual essential oil companies - it smells brighter and somehow "more alive."

Kathy W.

I had gotten a lotion with Frankincense powder in it. I used it for pain in my shoulder and knee. The results were amazing! After applying this lotion within 5

minutes the pain disappeared. The lotion lasted a little over 2 hours and then I had to reapply but to have relief for as long as I did was great!! Then I applied some before going to bed as I usually have a backache when getting up and woke up the next morning with no back pain.

My friend Cynthia has MS so I also gave some to her to try. The results were just as good for her. She was able to go out and about with little to no pain for a bit and she loved it so well that she used up the rest of what I had.

If you have not gotten this lotion yet you are missing out, order yours today and see for yourself what it can do for you!

Penny S
Certified Clinical Aromatherapy Practitioner

Robin the first day using the Boswelia Sacra there was no relief to make fractured ribs or the injury to my neck. However it worked well on my back which is more of a muscle issue. I continued to apply it the next day alternating with a CBD cream and it began to take effect. I've been applying it 3 or 4 times a day. The fractured ribs are slowly healing, but the neck is permanent. I'm continuing the applications,

Jodi P

1. I loved the smell, sometimes I would just sit and sniff the cap I found the smell very calming
2. I started using the lotion on my knees, when they were painful, the lotion did not remove the pain but calmed the pain or the discomfort.
3. One night I was having issues with my thumb due to arthritis. I decided just to massage the lotion into the thumb. Not sure if it was because I was constantly massaging or if the skin is thinner but it felt like the lotion, worked faster on my thumb than my knee. Again, it did not stop the pain, but it alleviate a lot of discomfort whereby I did not need to take any painkillers.
4. Even though the specs from the sediment is very visible in the lotion, I did not feel any grittiness, which I thought was a plus, however I have really tough skin, therefore someone with very thin and sensitive skin may have different results.

Venessa

5. I have contact dermatitis that comes and goes especially when I am in the garden.

I was planting and later on in the day I started to itch and skin became very red. I applied the lotion you sent me with the BA in it and the itching stopped in minutes and redness went away. I am much surprised because I used some of the natural products I own and it does not help me so fast as this lotion did.

Jennifer F.

6. Hey Robin,

The BA Lotion you sent for us to try is AMAZING!! Been using it faithfully for a month and notating. It reduces pain and inflammation. I've been on a journey to come off arthritis meds and have been using this lotion liberally and it has kept my hands and knuckles in excellent shape. It is subtle, and when I put it on something that is hurting, it isn't immediate, but an hour later I realize I'm no longer hurting....

Anita

You sent me Sacra Boswellia acid lotion to try as your Guinea pig, THANK YOU! I completed 3 weeks of use until I ran out. I used it on my shoulder, so it was a large area. I can now lift my arm above my head with a twinge of discomfort, not pain. I haven't been able to do that since the injury in January. I absolutely love this! A couple more weeks and I should not even have discomfort. I felt relief after 3 days of use, then, because I was pain free I forgot to use it a few days. Thank You so much, anytime you need a Guinea pig, I will volunteer! When will you have this available for purchase? Thank You so much!

Angie

My wife gave me this in a lotion to try because I have stenosis and even though the other products she makes for me work I wanted a change off. Boy was I amazed how this helps me. I use it on my lower back and with minutes the pain is gone. I personally like it in the granules in the lotion, it gets in deeper and stays on longer. I am still using it because it really lasts for about 5-6hours before I have to apply more.

Dennis Kessler

I have very bad Rheumatoid arthritis all over my body. I have tried several medications that my doctor has given me and they all make me ill and do not really work well. I saw that Robin was looking for testers for the Boswellic acid extract and asked her if I could be a tester. I told her I wanted to take it internally. She told me she was not sure if it could be ingested even though the resin could and if I tried this it would be my own risk. I said that would be fine. I started using it putting it into a vegetable capsule and started it once a day. It took about a week but I noticed my fingers were not so acky, so after I week I went to 2x a day. Robin told me not to exceed more than 2 x a day because Sacra resin may cause stomach issues if used too much. After one month of doing this I hardly had any pain in my hands and my body actually started to feel better. I begged her for more but she told me she does not have a lot of it, only for testing purposes but I was so adamant, she sent me a bit more. I am waiting for her to get more so I can order a lot of it because I cannot believe how much it has helped me.

Samantha C.



So my friend and Colleague Robin gave me some Frankincense Boswellia sacra Boswellic Acid Extract Powder Lotion to test so I wanted to share my results. I used the lotion "sparingly" for about 1 month and I could definitely see a difference!

I never took a before shot so I had to find a previous pic of my declotte' so both pics are time stamped. BIG DIFFERENCE!! I also used it on my face and saw subtle changes there as well ☐ The lotion was light and smells amazing...mood lifter! Super pleased with the results and can't wait for her next batch! Thanks Robin!!
Rosina V

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